

FOR IMMEDIATE RELEASE

Media Contact

Cody Nelson, Cody.Nelson@championsfh.org, 858-717-2100



**CHAMPIONS FOR HEALTH SPOTLIGHTS FLU VACCINATIONS DURING
NATIONAL IMMUNIZATION AWARENESS MONTH**

Free influenza vaccines provided at locations across San Diego County starting in October

SAN DIEGO – Champions for Health ([CFH](https://www.championsforhealth.org)) formally the San Diego County Medical Society Foundation is spotlighting flu vaccinations during National Immunization Awareness Month (NIAM). NIAM is an annual observance held in August to highlight the importance of vaccination for people of all ages.

Adama Dyoniziak, Champions for Health Executive Director, stresses the importance of flu vaccinations in our community – “COVID-19 has impacted access to general medical care and increased the number of uninsured people in our community. The combination of chronic disease and the complications due to COVID will put many people at a higher risk of flu complications.”

According to the CDC, during the 2020-2021 influenza season, getting a flu immunization is more important than ever to protect yourself, your loved ones, your community, and the global community from flu. Flu vaccinations are part of a comprehensive public health strategy to reduce the burden of influenza but also to preserve scarce health care resources for the care of patients with COVID-19.



Influenza can be easily prevented through annual flu immunization. Flu shots will be available for children ages three and up and adults of all ages. Those most vulnerable for suffering more severe complications of influenza are young children, pregnant women, and the elderly. It is important for all ages to receive their annual flu shot to prevent the spread of flu in their community.

Starting in October, Champions for Health, in partnership with the County of San Diego Health & Human Services Agency and United Healthcare, will provide [free flu clinics](#) across the county. CFH will focus our efforts on people who are underinsured, uninsured, those who have lost their employer's health insurance, and anyone who may need it. CFH activates the local medical community to volunteer and assist in these events. The pop-up clinics will be a hybrid of drive-thru and walk-up, depending on the site.

CFH is currently seeking flu clinic location partnerships. For information on this program, please contact Andrew.Gonzalez@championsfh.org.

About Champions for Health

Champions for Health was formed in 2004 by the San Diego County Medical Society to address the unmet healthcare needs of low-income and uninsured San Diego County residents. A community health nonprofit focusing on access to care for all and community wellness, this foundation was instrumental in amplifying physician engagement and volunteerism, positively impacting the lives of more than 100,000 San Diegans since its inception.

Champions for Health's flagship program is Project Access San Diego, which provides access to uninsured individuals in need of specialty medical care in order to restore health. Champions for Health also facilitates a Community Wellness Program that continues the path to health with free vaccination programs, speakers for community groups, and support geared toward improving San Diego health for all. For more information visit <https://championsforhealth.org/>

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